

# The Elms Medical Practice



## Lung Cancer

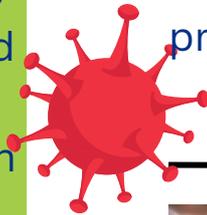
Lung cancer is one of the most common and serious types of cancer. Around 47,000 people are diagnosed with the condition every year in the UK.

Symptoms include:

- a persistent cough
- coughing up blood
- persistent breathlessness
- unexplained tiredness and weight loss
- an ache or pain when breathing or coughing

For more information please visit:

<https://www.macmillan.org.uk/cancer-information-and-support>



## Pharmacy referrals

Patients registered with a GP practice in West Cheshire are able to access advice and

treatment at their local pharmacy (for specified conditions) without having to visit the GP for a prescription.



## Covid boosters

Vaccination is the best protection against getting seriously ill with Covid over the winter.

If you're eligible for an autumn booster and haven't had it yet, please contact the practice on 01244 351000 to book in



## Physio first

Here at the Elms we have appointments available with a Physiotherapist on a Friday.

Contact the practice on 01244 351000



## Men's Health Awareness Month

Biggest health issues faced by men are :

- prostate cancer
- testicular cancer
- mental health



Prostate cancer usually develops slowly, so there may be no signs you have it for many years. Testicular cancer if found at an early stage a cure rate of 98% is usually possible. Did you know that men, on average, die almost five years earlier than women? Part of the reason is that men are more reluctant to go to the doctor



**CANCELLED**

Please remember if you cannot attend your appointment to cancel ASAP. Your appointment could go to someone else. Thank you



We are closed for Training on 22th November 1pm to 5pm  
During this time if you need medical advice please use NHS 111

## Practice News



The Elms Medical Practice will be delivering a campaign to improve the recording of Ethnicity in patients' GP record. This is following guidance from NHS England for all GP Practices in England to improve recording of ethnicity in order to improve health care for the different demographic needs of the population. To do this, a text message will be sent to patients who do not have an Ethnicity recorded. We request that you complete the questionnaire when you receive the text message, as it will enable improved delivery of patient services



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